

Marston's Menu Item Allergens and Intolerance Report

All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table below to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.

2017 Boxing Day Menu - Better - Dasher

| Dish Name | Cereals containing Gluten : | | | | | | | | | | Nuts : | | | | | | | | | | | | | | | | |
|-----------|------------------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|---------------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------|---------|--------|---------------------------|-------|----------|--------------------------|
| | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians |

Boxing Day Starters

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|--|--|--|--|---|---|--|---|---|---|--|--|---|---|--|--|--|--|---|---|---|---|--|--|--|---|---|
| BXD BT Brie Cranberry & Ginger Jam Parcels | Y | Y | | | | | | Y | | | Y | | | | | | | | | | | Y | | | | | | Y | |
| BXD BT Broccoli and Stilton Soup | Y | Y | | | | | | | | Y | Y | Y | | | Y | Y | | | | | Y | | Y | | | | | Y | |
| BXD BT Chicken Liver Pate | Y | Y | | | | | | | | Y | Y | Y | | | Y | Y | | | | | | | Y | Y | | | | | |
| BXD BT Prawn Cocktail | Y | Y | | | | | Y | Y | | Y | Y | Y | | | Y | Y | | | | | | Y | Y | Y | | | | | |
| BXD BT Vegan Garlic Bread Bruschetta | Y | Y | | | | | | | | | | | | | | | | | | | | | | | | | | Y | Y |

Boxing Day Mains

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|--|--|--|---|--|---|---|---|---|---|---|--|--|---|---|--|--|--|--|---|---|---|---|--|--|---|---|--|
| BXD BT Honey Roasted Root Veg Hot Pot Crumble | | | | | | | | | | | Y | Y | | | | | | | | | | Y | | | Y | | | | Y | |
| BXD BT Honey Roasted Root Veg Hot Pot Crumble - Under 5's | | | | | | | | | | | Y | Y | | | | | | | | | | Y | | | Y | | | | Y | |
| BXD BT Ribeye Steak with Roquefort Sauce | Y | Y | | | | Y | | | | | | Y | | | | | | | | | | | Y | | Y | | | | | |
| BXD BT Roast Turkey Dinner | Y | Y | | | | | | | | | Y | Y | | | | | | | | | | | | Y | | | | | | |
| BXD BT Roast Turkey Dinner Under 5 | Y | Y | | | | | | | | | Y | Y | | | | | | | | | | | | Y | | | | | | |
| BXD BT Roquefort Rump Steak 8oz - Heritage | Y | Y | | | | Y | | | | | | Y | | | | | | | | | | | Y | | Y | | | | | |
| BXD BT Salmon Hollandaise | | | | | | | | Y | Y | | Y | | | | | | | | | | | | | Y | | | | | | |
| BXD BT Vegan Candied Nut Roast | | | | | | | | | | Y | | Y | Y | | | Y | Y | | | | | | | Y | | | | Y | Y | |

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| Dish Name | Cereals containing Gluten : | | | | | | | | | | Nuts : | | | | | | | | | | | | | | | | |
|-----------|-----------------------------|---------------|---------------|-----|--------|------|-------------|------|------|---------|----------|------|---------|----------|--------|------------|-----------|------------|---------------|---------------------------------|--------|---------|--------|---------------------------|-------|----------|--------------------------|
| | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin | Molluscs | Suitable for Vegetarians |

Boxing Day Desserts

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|--|--|---|---|--|---|---|--|---|---|---|---|---|---|---|--|--|--|--|---|--|---|---|--|--|---|---|--|
| BXD BT Cheese and Biscuits | Y | Y | | | Y | Y | | | Y | | | Y | Y | | | | | | | | | Y | | Y | Y | | | Y | | |
| BXD BT Christmas Ice Cream - Under 5's | | | | | | | | | | | | Y | | | | | | | | | | | | | | | | | Y | |
| BXD BT Christmas Pudding | Y | Y | | | | Y | | | Y | | | Y | Y | Y | | | | | | | | | | Y | | | | Y | | |
| BXD BT Danish Style Brioche Bread & Butter Pudding | Y | Y | | | | | | Y | | | | Y | Y | Y | | | | | | | | | | | | | | Y | | |
| BXD BT Passion Fruit & Prosecco Meringue Pie | Y | Y | | | | | | Y | | | | Y | | | | | | | | | | | | | | | | Y | | |
| BXD BT Vegan Praline Chocolate Tart | | | | | | | | | | | Y | | Y | Y | Y | Y | Y | | | | | | | | | | | Y | Y | |

Side Orders

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|--------------------------------------|---|---|--|--|--|---|--|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|---|--|--|--|--|---|--|
| BXD BT Cauliflower Cheese Side Order | Y | Y | | | | Y | | | | | | Y | | | | | | | | | | | | | | | | | Y | |
| BXD BT Cheesy Roast Potatoes | | | | | | | | | | | | Y | | | | | | | | | | | | | | | | | Y | |
| BXD BT Pigs in Blankets (Bowl of 10) | Y | Y | | | | | | | | | | | | | | | | | | | | | | Y | | | | | | |