

NGCI MENU

The meals on this menu are made with ingredients which do not contain gluten or wheat. If you have an allergy or intolerance, please speak to a member of staff before you order your food and drinks.

Scrummy Starters

Today's Soup  **£3.25**

Served with Genius™ bread and butter. Please ask for today's choice.

Piri Piri Chicken Wings **£3.95**

Roasted chicken wings glazed with Piri Piri sauce, served with homemade kale slaw and a sour cream dip.

Prawn Cocktail Sundae **£3.95**

Juicy prawns on gem lettuce, topped with a tangy seafood sauce and served with Genius™ bread and butter.

Nachos  **£3.95**

A mound of crispy nachos topped with Cheddar cheese, guacamole, sour cream, salsa and sliced red jalapeños.

Creamy Mushroom Pâté  **£3.95**

A rich mushroom tarragon and parsley cream cheese pâté, served with toasted Genius™ bread, caramelised onion chutney and seasonal leaves.

Salads

Our salads come with a generous serving of dressed seasonal mixed leaves, cucumber, cherry tomatoes, sweet red onion and yellow pepper.

Chicken and Bacon  **£8.25**

Slices of roasted chicken breast topped with crispy bacon.

Roast Carvery Meat  **£7.75**

Your choice of succulent meats from our deck with homemade kale slaw.

Super Sharer

Nacho Sharer  **£6.95**

A mound of crispy nachos topped with Cheddar cheese, guacamole, sour cream, salsa and sliced red jalapeños.

CARVERY

Choose from

**A RANGE OF
THREE
ROASTS**

then add a

**HOME MADE
Yorkshire Pudding
AND STUFFING**

THEN HELP YOURSELF TO AS MANY BRITISH ROAST POTATOES, NEW POTATOES AND SEASONAL VEGETABLES AS YOU LIKE!

CHOOSE YOUR PLATE:

**SMALL
Plate**

MONDAY-SATURDAY | SUNDAYS & BANK HOLIDAYS

£4.65 | £5.25

**MEDIUM
Plate**

MONDAY-SATURDAY | SUNDAYS & BANK HOLIDAYS

£6.45 | £8.25

**LARGE
Plate**

MONDAY-SATURDAY | SUNDAYS & BANK HOLIDAYS

£8.45 | £9.95

Great Mains

Want to swap? If you'd prefer a different accompaniment from those we've suggested, you can choose from these great options; new potatoes, mashed potatoes, jacket potato or chips* then either vegetables or a dressed side salad.

**EVEN BETTER! UPGRADE TO OUR
Sweet Potato Fries*** 

JUST £1



Ham, Egg and Chips* **£7.95**

Hand-carved carvery ham served with two free range fried eggs, chips* and a pot of caramelised red onion chutney.

Chicken Tikka Masala **£8.45**

Tender pieces of chicken in a mildly spiced tomato and onion sauce, flavoured with coriander and served with rice, a poppadum* and mango chutney.



Style your Chicken



Our chicken portions are Red Tractor farm assured.

Delicious half roast chicken with your choice of chips* or roasties, toppings and sides. **£9.25**

Step 1 Select your spud

Choose from: Chips* or Roasties

Step 2 Add a tasty topper...

Plain Original, nothing added!

Piri Piri Hot and spicy chilli sauce.

Southern Style Chicken Gravy

Our secret carvery recipe.

Step 3 ...and one of these

Homemade Kale Slaw 

Corn on the Cob 

Side Salad 

One side not enough?
Simply browse to our Tasty Sides section for our full range!

Flame Grills

Flame-grilled, just how you like it! Our beef steaks and mixed grill come served with a beef tomato wedge, a flat mushroom, garden peas and chips*.

8oz Rump Steak £10.45 **8oz Sirloin Steak £12.25**

500 CAL Have your 8oz Rump or 8oz Sirloin steak served with a side salad instead of chips* and garden peas.

10oz Gammon Steak £8.55

Topped with a free range fried egg and a pineapple ring. Served with chips* and garden peas.

Even better!

Add Crumbled Stilton  £1.00 Add 2 free range fried eggs  £1.00



Munch Time Meals

For the more modest appetite. The same great taste as our mains, just smaller portions.

5oz Gammon Steak £6.25

Topped with a free range fried egg or a pineapple ring. Served with chips* and garden peas.

Even Better! Add another fried egg or pineapple ring for just 50p each

Chicken Melt 500 CAL £6.35

Half a grilled chicken breast, served with chips* and a dressed side salad.

Sandwiches

Our delicious sandwiches are wholesome and hearty using Genius™ bread. All served with chips* or a dressed salad garnish.

Mature Cheddar Cheese and Caramelised Red Onion Chutney  £5.30

Tuna Melt £5.65

Chicken and Cheddar Cheese Melt £5.65

Rump Steak and Red Onion £6.25

The Classic Club £6.35

Three slices of Genius™ bread layered with chicken, bacon, little gem lettuce, beef tomato and mayonnaise.

ADD Extra chips* to your sandwich for £1.50

Carvery Sandwiches

Succulent roast meat from the carvery using Genius™ bread, served with roast potatoes and a jug of gravy.

Roast Beef, Gammon Ham or Turkey £3.95

Tasty Sides

Genius™ Bread and Butter  £1.45 Chips*  £1.95
Sautéed Flat Mushrooms  £1.75 Salad Bowl  £2.00
Homemade Kale Slaw  £1.45 Vegetables  £1.95
Sweet Potato Fries*  £2.95 Corn on the Cob  £1.55

Tattie Toppers

Our homemade roast potatoes topped with:
Piri Piri Roasted Chicken & Cheddar cheese £6.45

Jacket Potatoes

A baked potato served with homemade kale slaw and dressed seasonal mixed leaves.

Cheddar Cheese and Baked Beans (V) £4.60
Tuna Mayonnaise £4.60
Cheddar Cheese and Bacon £4.60

ADD crumbled Stilton (V) for £1.00

Desserts

Salted Caramel, Pecan & Fudge Brownie  £3.95

A rich, warm, decadent chocolate brownie topped with fudge pieces and drizzled with salted caramel. Heaven with vanilla flavour ice cream.

Ice Creams

Keep it Simple  £3.00

Choose any three scoops. Ask for today's choices.

Indulgent Puddings

Our giant desserts are served with double cream, but if you want to swap for ice cream or custard just ask!

Terribly Delicious Carrot Cake  £4.75

Three generous layers of spiced carrot cake topped with cream cheese frosting and finished with flapjack crumble.

Praline Chocolate Tart  £3.95

A rich dark chocolate tart, filled and finished with swirls of coconut milk and praline on a luxury nutty case.

Cake Carry Out

Why not take a dessert away with you for later! All of our desserts are available to take away.

Why not have a coffee or tea?

We serve Nescafe Milano coffee and Brew Teas



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www.marstonsins.co.uk Distinctive Inns with individual character and appeal. Book online for great value accommodation.
All food is prepared in kitchens where nuts, gluten and other allergens could be present and our menu descriptions cannot include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available. Suitable for vegetarians or vegetarian option available. 1oz = 28.3g. All weights are approximate prior to cooking. Dishes with fish may contain bones. Photography is for illustrative purposes only.  Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces added by the customer. Portion sizes may vary slightly from those upon which the calorie calculations have been based, therefore values may not be identical or exact. *Please ask if we have a dedicated chip fryer.

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